

# Connect to BETTER HEALTH

Register at [kp.org](http://kp.org) today and discover how easy it is to help keep your family healthy



Simply visit [kp.org/registernow](http://kp.org/registernow) and follow the sign-on instructions. All you need to get started is your health/medical record number and a computer.



## Simple and secure

Your personal information is secure and protected.



## Personalized care

Once registered, send messages to your doctor's office anytime through your computer or smartphone.\*



## Instant access\*

Manage the whole family's health from your computer or smartphone.

- View most lab results online.
- Email your doctor's office.
- Refill most prescriptions.
- Schedule and cancel routine appointments.
- Print vaccination records for school, sports, and camp.



## Be empowered and informed

Take control of your family's health.

- Access tools designed to help your family stay healthy.
- Get advice on common health concerns, like losing weight and controlling diabetes.
- Stay in the know with our monthly e-newsletter.

\*Available when receiving care at Kaiser Permanente facilities

**Manage your family's health anywhere, anytime at [kp.org](http://kp.org).**

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232